

# Considering the Future of RHCs

Senate Ways and Means Committee

*January 30, 2003*

Presentation by Brian Sims

Committee Staff

# What are RHCs?

- RHCs are Residential Habilitation Centers.
- Defined in state law as state operated facilities for persons with developmental disabilities.
- Current RCW specifies five RHCs: Fircrest School, Rainier School, Lakeland Village, Yakima Valley School, and Frances Haddon Morgan Children's Center.
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# How Big are the 5 RHCs?

Name	Location	ICF/MR Beds	SNF Beds	Total Beds	Residents
Fircrest School	Shoreline	169	110	279	271 (4)
Rainier School	Buckley	399	0	399	394 (4)
Lakeland Village	Medical Lake	199	60	259	251 (4)
Yakima Valley School	Selah	0	120	120	111 (16)
Frances Haddon Morgan Center	Bremerton	56	0	56	55 (7)
<b>Total</b>		<b>823</b>	<b>290</b>	<b>1113</b>	<b>1,082 (35)</b>

Note: Population is for Nov 2002. Numbers in ( ) are for respite population included in the count of residents

# Who Lives at RHCs?

- **How old are residents?**
- How long have they lived there?
- What is their connection to family?
- What is the trend of RHC population?
- How much does it cost to care for RHC residents?
- What would it cost in other settings?

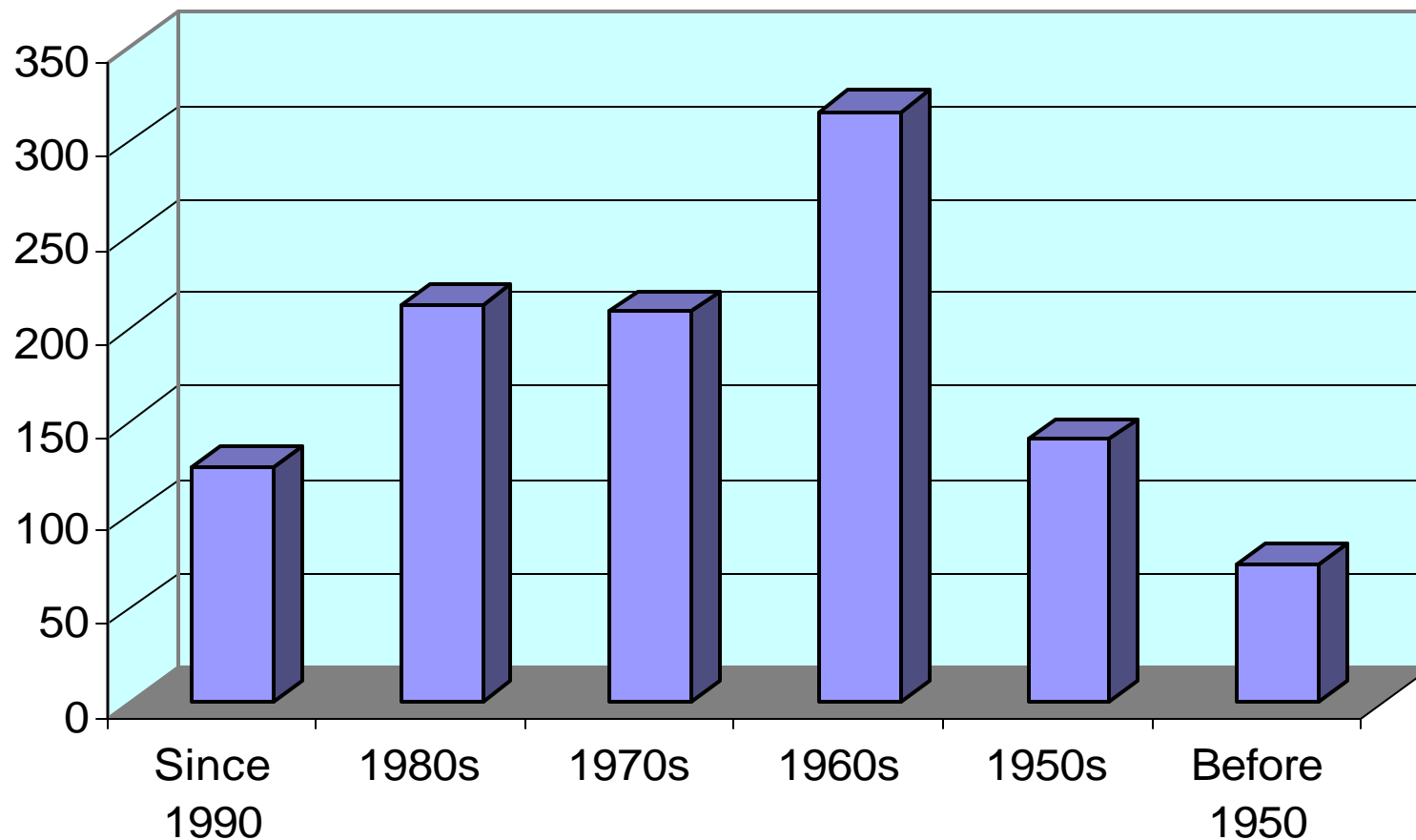
# RHC Residents are Aging

	Rainier	Fircrest	Lakeland	YVS	FHMC	Total
16-22	1	3	2	1	3	10
22-45	135	116	117	92	47	507
46-65	248	132	113	4	0	497
65+	33	18	19	0	0	70
Total	417	269	251	97	50	1084
<b>Average Age</b>		<b>47</b>	<b>47</b>	<b>38</b>	<b>30</b>	
16-22	0%	1%	1%	1%	6%	1%
22-45	32%	43%	47%	95%	94%	47%
46-65	59%	49%	45%	4%	0%	46%
65+	8%	7%	8%	0%	0%	6%

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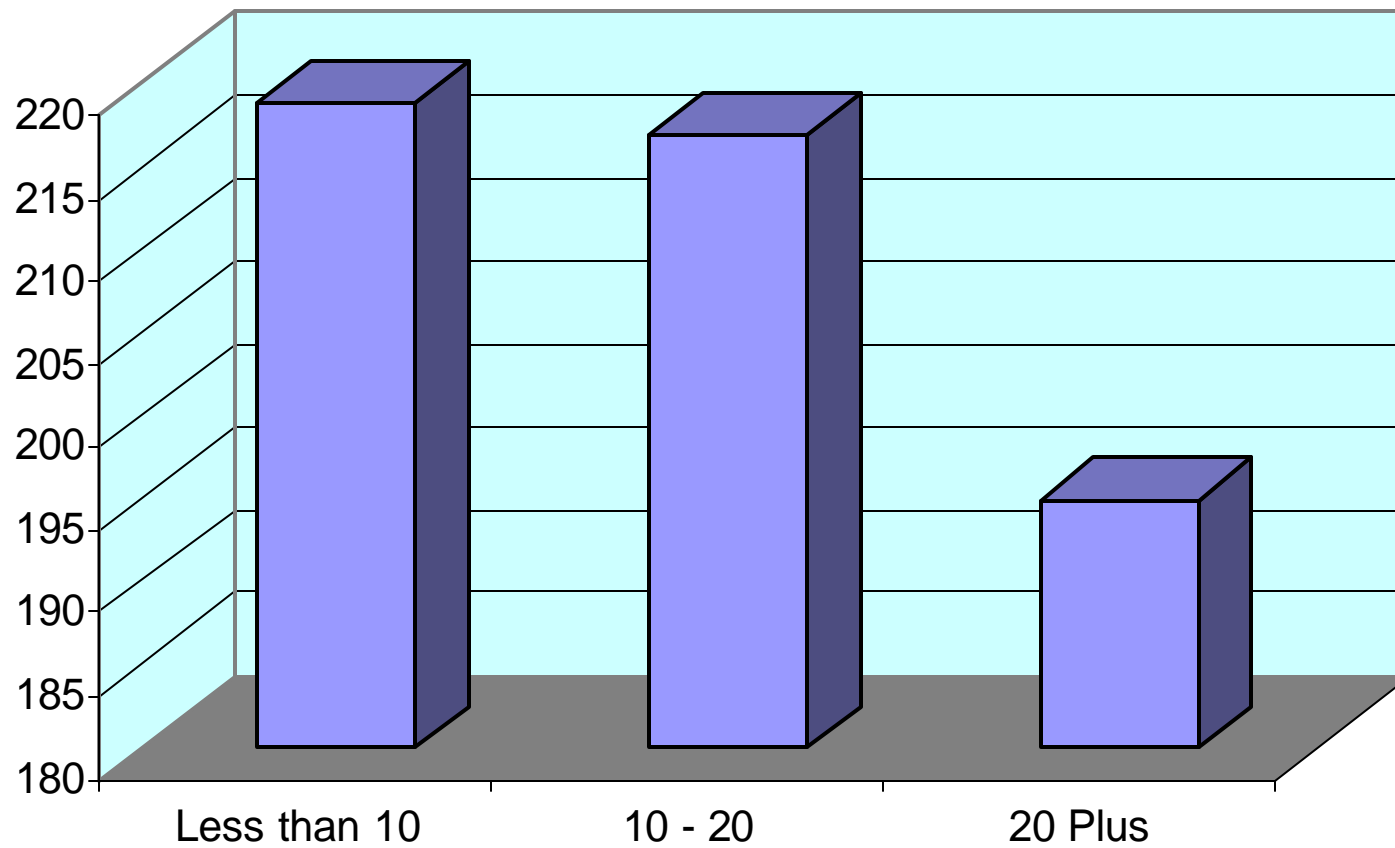
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# Over 50% have Lived at the RHC for More than 30 years



# Age at Admission

(for Fircrest, Lakeland, YVS & FHMC)



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# RHC Residents have Different Levels of Family Contact

Weekly	86	8%
Monthly	209	20%
Quarterly	280	26%
Yearly	307	29%
Never	181	17%
Total	1,063	100%

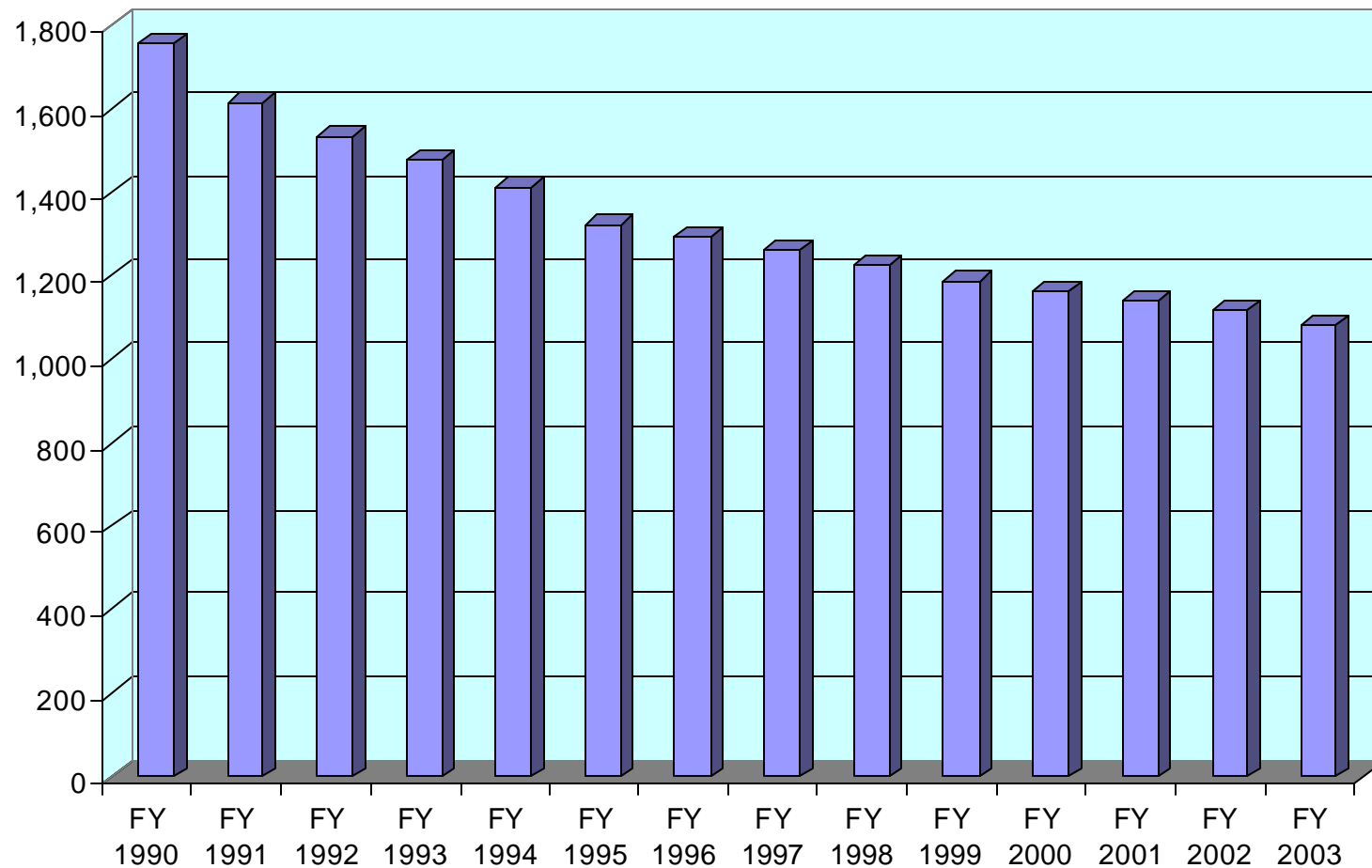
# Resident Families Live at Different Distances from the RHC

25 miles	347	33%
50 miles	242	23%
100 miles	158	15%
Distant	219	21%
VeryDistant	96	9%
Total	1,062	100%

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# RHC Population on a Consistent Decline



# Institutional Rate is Now 1/6<sup>th</sup> the Rate of 1970

	1970	2003
DD Institutional Population	4,000	1,080
State Population	3,413,250	6,041,700
Institutional Pop / 10,000 state residents	12	2

## With Community Residential the Rate is Slightly Higher

	1970	2003
DD Institutional Population	4,000	1,080
DD Community Residential & VPP		4,391
Other Agency Residential Care		2,837
<b>Total Residential</b>	<b>4,000</b>	<b>8,308</b>
State Population	3,413,250	6,041,700
Residential Pop / 10,000 state residents	12	14

# Why is RHC Population in Decline?

- **Preference for Community Living**
- **Mainstreaming Education System**
- **Development of Supports for Families**
- **Increasing RHC Costs**

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# How does Wash. RHC population Compare with other States?

- **In 2002, 17 out of every 100,000 U.S. residents live in public institutions for persons with developmental disabilities.**
- **Washington's rate was 20.** (states with higher rate were MA, ND, IA, NE, WY, NC, VA, SD, IL, MO, TX, SC, CT, DE, LA, NJ, AR, MS)
- **Washington's rate declined 55% from 1977 to 2000. The U.S. rate fell 68%, with only 13 states falling more slowly than WA** (DE, NJ, IA, IL, TX, NC, GA, LA, MO, MS, KY, AR, NV)

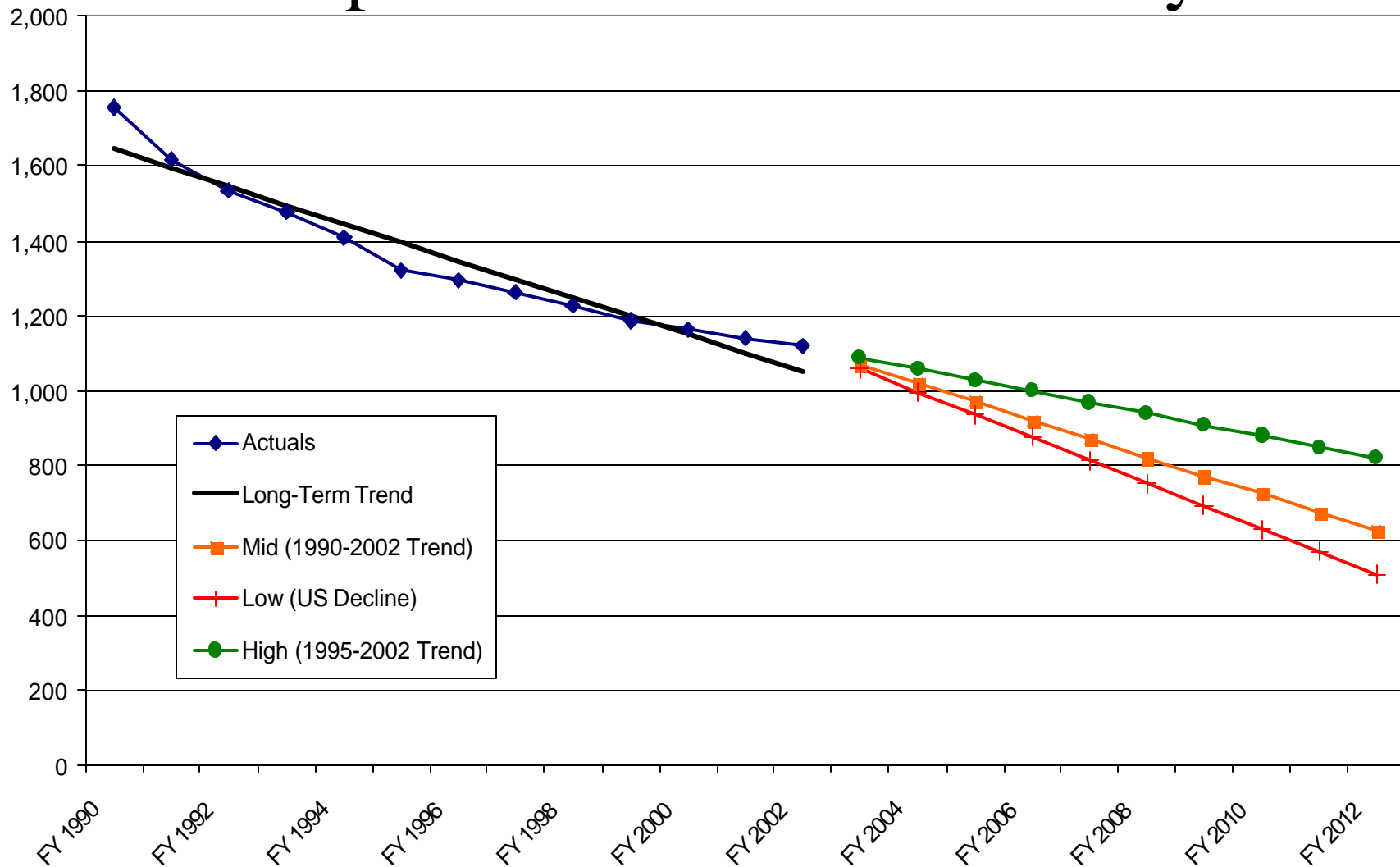
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# If the Trend Continues, RHC Population will Fall to 625 by 2012



# What would it Cost to Keep the RHCs at the Current Population

- **In order to comply with the intent of ADA we could not provide new placements only in RHCs.**
- **Several years ago, when offered a choice, 2 picked RHCs and 20 picked the Community.**
- **In order to offset the decline of 49 per year, we would have to provide an additional 490 people community residential placements per year.**
- **After 10 years, this would cost about \$500 million per year (total funds) plus about \$30 million in capital spending over the 10 year period.**

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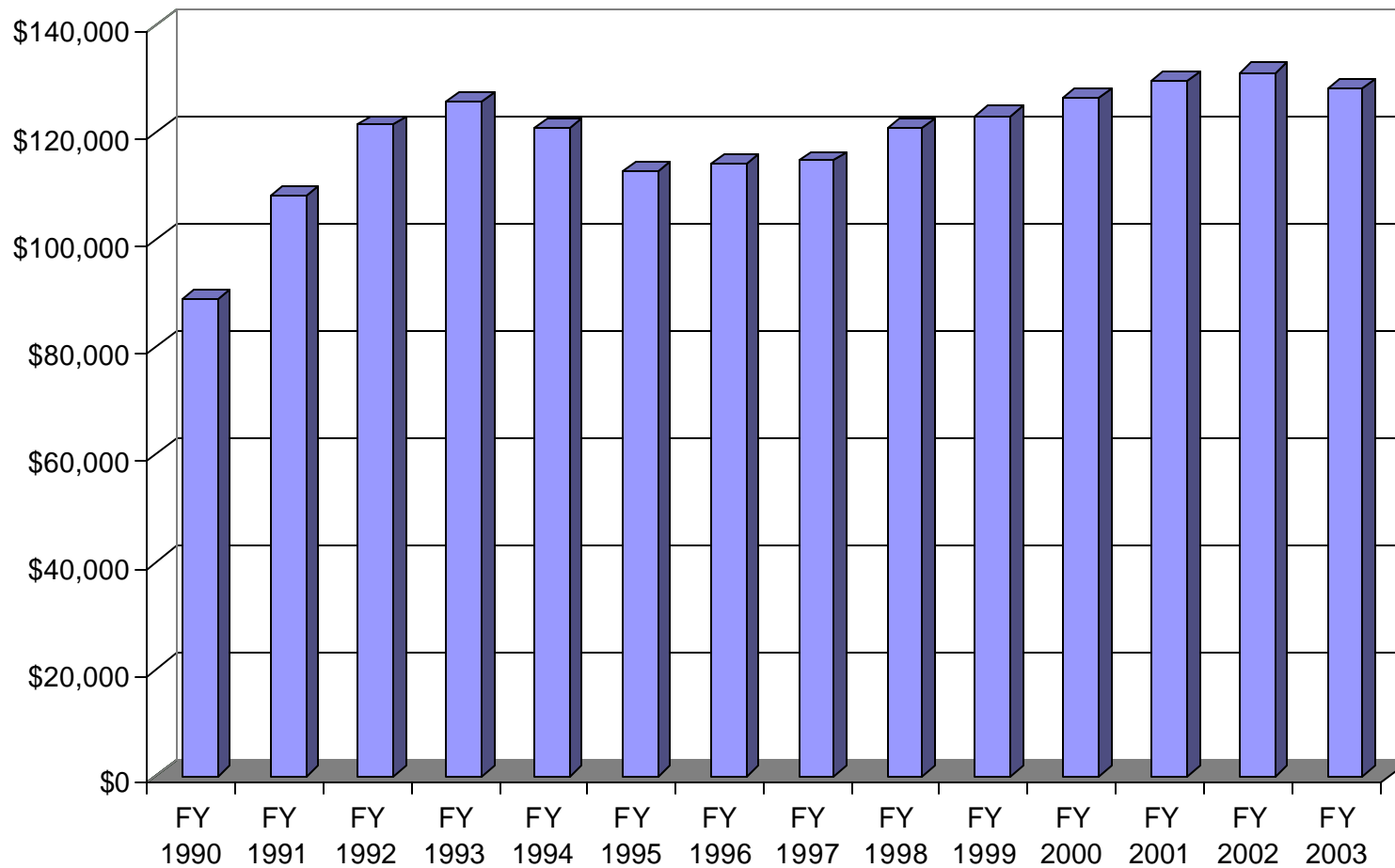
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# Annual Cost per Resident Rises as Population Drops (2003 dollars)



# RHC Cost in FY 2002

RHC Costs		
	FY 2002 RHC Spending	\$ 154,981,000
	Total Costs (Excl IMR Tax)	\$ 159,379,305
	Average FY 2002 Population	1,119
	<b>Estimate Per Resident Day</b>	<b>\$ 390</b>

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<b>Community Costs</b>		
	Average Daily DD Cost for 2001-03 Olmstead Movers	\$ 293
	Average daily MAA Costs for DD Clients	\$ 15
	<b>Estimate Per Resident Day</b>	<b>\$ 308</b>

# Why are Costs Less in Community Settings?

<b>Cost Area</b>	<b>Institutions</b>	<b>Community</b>
Facilities	<b>Institutional Construction and excess facilities</b>	Residential Construction and Just what is needed
Labor costs	<b>Higher labor costs with many specialized Jobs</b>	Lower labor costs and fewer specialized Jobs
Specialized Serices	May be less costly for residents who need daily MD, RN & Therapies	May be more costly if needed daily

# Conclusions

- **The long-term downward trend in RHC population will continue.**
- **The legislature will eventually be faced with the decision to consolidate and close one or more RHCs.**
- **We have excess facilities for the current RHC population and an increasing portion of the RHC budget is supporting those fixed costs.**

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# What are the Fiscal considerations if the Legislature decides to Consolidation and Closure an RHC

- **The approach and speed of downsizing.**
- **The threshold of Consolidation.**
- **The disposal of Surplus Assets.**

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